

Directory of Accessible Holiday Accommodation

Holidays and Short Breaks for
Disabled People and Carers



disability
nottinghamshire

Registered Charity Number 1131621



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Comments are invited about the content or presentation of this booklet. To submit a comment, to be included in any future issues or to amend an entry, contact Disability Nottinghamshire (see next page).

All information contained within this booklet is correct to the best of our knowledge at the time of going to press. Whilst every effort has been made to ensure the accuracy of the information, Disability Nottinghamshire cannot accept responsibility for any errors or omissions that may have been made.

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October 2009.



This booklet is available in large print, audio tape, Braille and plain text formats. Please contact (01623) 658060 for copies or further information.

About Disability Nottinghamshire



disability
nottinghamshire

Disability Nottinghamshire, formerly DIAL Mansfield & District, has been providing a free, confidential and impartial information and advice service on any aspect of disability for over 25 years. The service is open to disabled people of all ages, their family, friends and carers, as well as professionals and students throughout Nottinghamshire.

The service is provided by a team of staff and volunteers who have personal experience of disability, and have the necessary expertise and knowledge to pass on valuable information and advice.

Disability Nottinghamshire is supported by the Nottinghamshire County Council, the Coalfields Regeneration Trust and the Department of Health.

We meet the requirements of the Community Legal Service Quality Mark Standard for General Help in Welfare Benefits and have passed the Dial UK Quality Standard, Level 1.

Disability Nottinghamshire

1 Byron Street, Mansfield, Notts, NG18 5NX

Advice Line: (01623) 625 891

Fax: 01623 427753

Textphone: 01623 656556

Email: advice@disabilitynottinghamshire.org.uk

Website: www.disabilitynottinghamshire.org.uk

Community
Legal Service



Department
of Health

Supported by



the coalfields
regeneration trust



Introduction to Directory of Accessible Holiday Accommodation

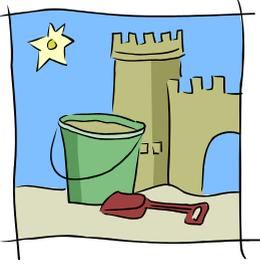
There are many organisations that offer leisure activities and holiday accommodation throughout the UK and abroad for people with sensory and physical impairments, and their friends, family and carers.

This directory will help you plan your holiday or weekend break at the various hotels, centres and self-catering accommodation listed. The guide is a starting point for you to find information about suitable holidays. Whether it be a relaxing break in the sun, an action packed adventure holiday in the countryside, a peaceful cruise or exploring an exotic overseas destination, there is something in this directory for everyone. A useful section on Holiday Insurance is also given at the end of the booklet.



How to Use the Listings in This Booklet

The entries are listed alphabetically with a brief description of what type of holiday accommodation is available. Contact details are given for each holiday service and it is advised that you contact them directly for further information, to obtain a brochure or to make a booking. Further useful information is provided regarding the facilities available; accessibility and location of the accommodation; trips, tours or activities on offer; and whether a helper or personal care service can be provided.



Directory of Accessible Holiday Accommodation

Access Africa

Access Africa offers wheelchair accessible holidays in comfort for the adventurous disabled traveller. Extensive tours and trips around South Africa are offered, including safaris, travelling in a wheelchair accessible vehicle. The accommodation includes roll-in flush floor showers, grab rails and wall mounted shower seats.

Contact:

Access Africa, 47 Kimbolton Close, London, SE12 0JH

Tel: (020) 8851 3065

E-mail: info@accessafrica.co.uk

Website: www.accessafrica.co.uk

Access Travel

Access Travel arranges vacations for disabled people to various destinations. Florida, Tenerife, Lanzarote, Majorca, Algarve, Cyprus, Greece, Egypt and mainland Spain are some of the most popular destinations.

There is a variety of accommodation available, from self-catering holiday homes to luxury hotels which meet the needs of wheelchair users throughout. The bathrooms are accessible and other equipment can be arranged in most places. Some care and nursing services can be provided.

Contact:

Access Travel, 6 The Hillock, Manchester, M29 7GW

Tel: (01942) 888844

E-mail: office@access-travel.co.uk

Website: www.access-travel.co.uk

Action for Blind People Holiday Breaks

Action for Blind People offers holiday breaks for blind and partially sighted people, their friends and family. There are four Action for Blind People Hotels in England (Lake District, Devon, Weston-Super-Mare and Bognor Regis).

Some bedrooms are suitable for wheelchair users and all hotels have leisure facilities, cooked meals, facilities for assistance dogs and activity organisers.

Contact:

Action for Blind People, 14-16 Verney Rd, London, SE16 3DZ

Tel (brochure order line): (020) 7635 4800

E-mail: central@actionforblindpeople.org.uk

Website: www.actionforblindpeople.org.uk

Bendrigg Trust

The Bendrigg Trust specialises in courses and activities for disabled and disadvantaged young people. There are a range of indoor and outdoor activities on offer including archery, camping, canoeing, caving, games, craft sessions and sailing. Accessible accommodation and facilities are provided at the Bendrigg Lodge Centre which is situated between the Lake District and the Yorkshire Dales.

Contact:

Bendrigg Trust

Bendrigg Lodge, Old Hutton, Kendal, Cumbria, LA8 0NR

Tel: (01539) 723766

E-mail: office@bendrigg.org.uk

Website: www.bendrigg.org.uk

Calvert Trust

The Calvert Trust offers activity holidays and outdoor pursuits courses to people with physical, sensory or learning disabilities.



The Trust's Activity Centres are located in three countryside areas in England. Each Centre is fully accessible, designed to meet a range of needs, and a variety of outdoor activities are available including canoeing, sailing, climbing, abseiling, orienteering and archery. Personal care assistance is offered at Kielder for people aged 18 years and over.

Contact:

Calvert Trust:

www.calvert-trust.org.uk

The individual Activity Centre contact details are:

Calvert Trust Exmoor. Tel: (01598) 763221

Calvert Trust Kielder. Tel: (01434) 250232

Calvert Trust Keswick. Tel: (01768) 772255

Can Be Done

Can Be Done offers a wide range of holidays for everyone, and specialises in wheelchair accessible holidays to a wide choice of destinations including Ireland, Italy, Spain, Portugal, Scandinavia, USA and Australia. Cruises are also provided.

All accommodation has ensuite bathrooms with adaptations. Adapted vehicles can be organised for self-drive holidays.

Contact:

Can Be Done, 11 Woodcock Hill, Harrow, HA3 0XP

Tel: (020) 8907 2400

E-mail: holidays@canbedone.co.uk

Website: www.canbedone.co.uk

Century Hotel

The Century Hotel, Blackpool, provides holiday breaks for visually impaired and disabled people, and their carers and assistance dogs. There are adapted rooms for wheelchair users, the entrance is ramped and there are talking lifts.

Contact:

Century Hotel, 406 North Promenade, Blackpool, FY1 2LB

Tel: (01253) 354598

Website: www.centuryhotel.co.uk

Chalfont Line Holidays

Chalfont Line Holidays operates touring coach holidays for wheelchair users and people with mobility impairments.

There is a varied programme of tours (for groups of up to 15 people) travelling in a fully accessible coach or minibus.

Contact:

Chalfont Line Holidays, 4 Providence Rd, Drayton, UB7 8HJ

Tel: (01895) 459540

E-mail: holidays@chalfont-line.co.uk

Website: www.chalfont-line.co.uk

Disabled Access Holidays

Three apartments are available in Majorca that have been designed specifically with disabled holidaymakers in mind.

The self-catering apartments have wide doors, hoists and shower chairs. Transfer from the airport is available.

Contact:

Disabled Access Holidays, 2351 Dumbarton Rd, Glasgow, G3 7PR

Tel: (0141) 563 9212 or 0845 257 0113

E-mail: info@dah-europe.com

Website: www.dah-europe.com

Dorothy Sykes Caravans Trust

Two accessible caravans (5/6 berth) are available at Butlins, Skegness.

Contact:

Dorothy Sykes Caravans Trust:

Tel for Information: (01623) 860523

Tel for Bookings: (01636) 682974

Enable Holidays

Enable offers overseas holidays for wheelchair users, people with limited mobility, their friends and family. Enable helps to find and plan a holiday that suits individual requirements.

Each resort, hotel and apartment has undergone a stringent auditing process to establish the level of accessibility. Enable offers flights from most UK airports and can arrange transfers in adapted vehicles. Mobility equipment can be hired at most resorts.

Contact:

Enable Holidays, 26 The Green, Birmingham, B38 8SD

Tel: 0871 222 4939

E-mail: info@enableholidays.com

Website: www.enableholidays.com

Family Holiday Association

The Family Holiday Association provides help towards holidays for families and children in need. To qualify you must be on a low income, not have had a holiday in the last four years, have at least one child aged three or over and be referred to the Association by a social worker, health visitor, school, GP or a charity.

Contact:

Family Holiday Assoc, 16 Mortimer St, London W1T 3JL

Tel: 020 7436 3304

Email: info@familyholidayassociation.org.uk

Globe Trotter Club

The Globe Trotter Club provides everything that is needed to organise an overseas trip for disabled people and their friends and family. The holidays on offer include escorted tours, all inclusive packages, safaris and cruises.

Contact:

Globe Trotter Club

Tel: 0871 500 9633

Website: www.globetrotterclub.com

Grooms Holidays

Grooms Holidays provides a wide range of accessible holiday accommodation for people with disabilities and their friends and family. There are three hotels in England and Wales at Minehead, Llandudno and Vale of Glamorgan. Self-catering accommodation is also available at various locations.

Contact:

Grooms Holidays

Tel: 0845 658 4478

E-mail: holidays@kohngrooms.org.uk

Website: www.groomsholidays.org.uk

Holidays With Help

Holidays With Help provides respite care breaks for disabled people and their carers. The breaks are organised at specific times of the year at holiday centres on the north west and south coast of England. Trained and experienced care helpers are on hand to offer support and nursing advice.

Contact:

Holidays With Help, 4 Pebblecombe, Surbiton, KT6 4LL

Tel: (020) 8390 9752

E-mail: holidays.with.help@lineone.net

Website: www.holidayswithhelp.org.uk

Jubilee Sailing Trust

The Jubilee Sailing Trust promotes the integration of people of all physical abilities through the challenge of tall ship sailing. The ships have been designed to allow people of all physical abilities to sail side by side on equal terms. Voyages are to a diverse range of destinations throughout the year including the UK and Caribbean.



Contact:

Jubilee Sailing Trust, Hazel Road, Southampton, SO19 7GB

Tel: 023 8044 9108

E-mail: info@jst.org.uk

Website: www.jst.org.uk

Leonard Cheshire Holidays

Leonard Cheshire has a cottage in Dumfries and Galloway (Kirkcudbright Holiday Cottage) and a hotel in Norfolk (Park House Hotel) which are both designed and equipped to meet the needs of physically disabled people and their carers or companions, including wheelchair users.

Contact:

Kirkcudbright Holiday Cottage. Tel: (01387) 711337

E-mail: swsscot@scot.leonard-cheshire.org.uk

Park House Hotel. Tel: (01485) 543000

E-mail: parkinfo@lc-uk.org

Lodge/Hotel Accommodation

Most well known lodge/hotel chains such as Travel Inn (Tel: 0870 242 8000), Novotel (Tel: 0870 609 0962), Holiday Inn (Tel: 0870 400 9670) and Travelodge (Tel: 0870 085 0950) have accessible rooms for disabled people.

Nottinghamshire County Council Short Break Service

The Short Break Service offers a short stay away for adults with learning disabilities living with a carer in Nottinghamshire. The short break can also be for the carer.

Contact a local Community Learning Disability Team (CLDT):
Ashfield - Tel: (01623) 785473; Bassetlaw - Tel: (01909) 535 565; Broxtowe - Tel: (0115) 943 1086; Gedling - Tel: (0115) 854 6210; Mansfield - Tel: (01623) 785473; Newark - Tel: (01636) 685927; Nottingham City - Tel: (0115) 915 5500; and Rushcliffe - Tel: (0115) 846 5612.

Peter Le Marchant Trust

The Trust provides day outings and holidays on waterways for people of all ages with any kind of disability or illness.

Contact:

Peter Le Marchant Trust, Beeches Rd, L'borough, LE11 2NS
Tel: (01509) 265590

E-mail: lynsmith@peterlemarchanttrust.co.uk

Website: www.peterlemarchanttrust.co.uk

Scout Holiday Homes Trust

The Trust provides, at low cost, a high standard of rented accessible self-catering holiday accommodation at popular resorts including 17 caravans and chalets at sites in Wales, the West Country, the southern coast of England, Norfolk, Essex, North Yorkshire and Northumberland.

Contact:

Scout Holiday Homes Trust, Gilwell Park,
London, E4 7QW

Tel: (020) 8433 7290 or 020 8433 7291

E-mail: info.centre@scout.org.uk

Website: www.scoutbase.org.uk/hq/holhomes



St Anne's Hotel

Situated at St Anne's on Sea (south of Blackpool), the St Anne's Hotel has fully accessible bedrooms (with hoists and pressure relief mattresses) and shower rooms.

Contact:

St Anne's Hotel, The Beach 69-71 S. Promenade, St Anne's,
FY8 1LZ

Tel: (01253) 341 218

E-mail: enquiries@st-annes-hotel.com

Website: www.st-annes-hotel.com

Vitalise

Vitalise offers a variety of services to disabled and visually impaired people and has a choice of holiday breaks at five accessible centres in England, in Cornwall, Essex, Southampton, Nottingham and Southport. All centres have restaurants, bars and leisure facilities with 24-hour personal care-on-call provided by trained staff and volunteers.

Contact:

Vitalise, Shap Road, Kendal, Cumbria, LA9 6NZ

Tel: 0845 345 1972

E-mail: info@vitalise.org.uk

Website: www.vitalise.org.uk

Wings On Wheels

Wings On Wheels provides small escorted group holidays for disabled people and their friends and relatives to worldwide destinations such as Egypt, Thailand, Cyprus and Ireland. Helpers or one-to-one care is available.

Contact:

Wings On Wheels, 8 Cornfields, Wisbech, Cambs, PE13 5LX

Tel: 01945 871 111

E-mail: info@wingsonwheels.co.uk

Youth Cancer Trust Holidays

The Youth Cancer Trust is a charity based in Bournemouth, offering free, fun activity-based holidays for young people aged 14-25 living with cancer or any malignant disease, including young people who have been in remission for up to five years. Participants stay at Tracy Ann House, a small hotel in Bournemouth which can accommodate up to eight youngsters.

Contact:

Youth Cancer Trust, Tracy Ann House, 5 Studland Road,
Bournemouth, BH4 8HZ

Tel: (01202) 763591

E-mail: admin@yct.org.uk

Website: www.yct.org.uk

Who to Contact for Further General Information or Advice

Phab produces a holiday guide each year which is full of accessible accommodation and places to visit.

Contact:

Phab, Summit House, 50 Wandle Road, Surrey, CR0 1DF

Tel : (020) 8667 9443

E-mail: info@phabengland.org.uk

Website: www.phabengland.org.uk

Holiday Care helps disabled and older people lead independent lives and enhance their ability to travel by providing information about transport, accommodation, visitor attractions, activity holidays and respite care establishments in the UK and overseas. Note: Holiday Care does not provide funding for holidays or organise holidays.

Contact:

Holiday Care Information Line - Tel: 0845 124 9971



Holiday Insurance

It is important that holiday insurance is arranged at the time of booking as this should cover you in the event of cancellation. Although insurance companies cannot discriminate against anyone on the grounds of disability, there is sometimes a clause stating that claims related to existing health conditions will not be met. The following is a list of insurance companies that may offer cover for travellers with pre-existing medical conditions (Note: inclusion in this booklet should not be taken to imply a recommendation):

Age Concern (older travellers): 0845 601 2234

All Clear Travel Insurance: 0870 777 9339

CH Travelcare: 0870 750 6711

Churchill: 0800 032 7140

Direct Travel insurance: 0845 605 2500

Flexicover Direct: 0870 990 9292

Free Spirit: 0845 230 5000

Help the Aged (older travellers): 0800 413180

JD Consultants: (01689) 856984

Leisurecare: (01793) 750150

Marks and Spencer: 0800 068 3918

Orbis Travel Insurance: (01424) 220110

For further information about the contents of this booklet, or for any other questions contact:

**Disability Nottinghamshire
1 Byron Street, Mansfield, Notts, NG18 5NX
Advice Line: (01623) 625 891**

**Do you have regular spare time
available?
Join our friendly team!**

Volunteer Now!

**If you're a disabled person, carer or have
experience of disability we need your time
and talents.**

Why not try volunteering as an:

- ♦ **Adviser**
- ♦ **Administrator or**
- ♦ **Researcher**

Full training and support is provided.

To enquire about volunteering call:

(01623) 658 060

or email advice@disabilitynottinghamshire.org.uk



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